

# Swindon Mountain Bike Enthusiasts – Lake District 2016



9<sup>th</sup> to the 12<sup>th</sup> September

Friday 9<sup>th</sup> Sept

Leaving Swindon Friday Morning 9am to arrive at the Brotherswater Inn around 2pm



For more info on the brotherswater campsite and Inn visit: <http://sykeside.co.uk/>

After settling in at the Bunkhouse we will be met by Nigel Pilling from Sublime Mountain Bike Rides who will be our guide for the natural rides during our stay. Late afternoon we will be led by Nigel and dependent on numbers another of his team on a steady natural ride and skills ride lasting between 3 to 4 hours making our way down to Glenridding. Planned arrival 7pm for a bite to eat. We will then ride back to Brotherswater the 4 miles along the road. On arrival we could opt for a pud and a pint before retiring for the night in our bunks.



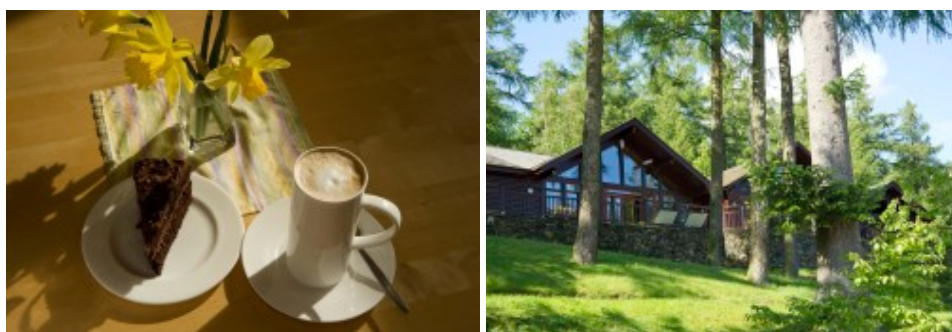
For more info about our ride guide visit: [http://www.sublimerides.co.uk/your\\_guide.html](http://www.sublimerides.co.uk/your_guide.html)



Saturday 10<sup>th</sup> Sept - A day at Whinlatter Trail Centre and visit to Keswick.



Breakfast either in the bunkhouse or in the pub then depart at 9am to arrive at Whinlatter around about 10am to warm up on the Quercus Blue trail before tackling Altura Red North. Lunching in Siskins café before taking on Altura Red South.



Trail information here. <http://www.forestry.gov.uk/forestry/infd-8z4eet>

After a hard day on the trails, if time allows we will visit Keswick to sample the local ale and perhaps pop into Booths supermarket to pick up supplies (beer and meat) for the 'SMBE barbeque' back at the bunk house. Unless a pub meal is preferred and weather permits.





## Sunday 11<sup>th</sup> Sept

Up and breakfasted to be ready for Nigel and his team for an epic day of natural riding. Weather permitting we will be heading up from base to take in one of the best ridge rides England has to offer the prize of the climb being the descent down Stick Pass East back into Glenridding. This route may be changed under the advice of our guide and if as can happen the ridge is not rideable due to weather conditions then a classic low level route around Ulswater will be a demanding and rewarding alternative.



Summit of Helvellyn with Stick Pass top left. Winding away in the distance is Ulswater and the low level route that skirts the eastern shore.

On descending the heights we will once again partake of the local beverage in one of Glenriddings finest hostelries, to rest and recover for the 4 mile meander back to The Brotherswater Arms and a hearty and well earned end of ride meal. Oh and some ale!

## Monday 12<sup>th</sup> Sept

Breakfast, then depending on fitness and desire a morning of unguided riding before returning to pack up and ship out arriving back in the metropolis that is Swindon early evening.

Cost of Bunkhouse, trail guide and parking £165.00

Transport cost is additional and will be shared; all other costs are down to the individual. Any monies left over from funds paid in will be put towards the last evening's food and drinks.

Visit [swindonmtbenthusiasts.co.uk/events/lake-district-trip-details/](http://swindonmtbenthusiasts.co.uk/events/lake-district-trip-details/) for details on how to pay and sign up.